

# The 1<sup>st</sup> Johor Open Common Bile Duct Exploration (CBDE) Workshop 2024

26 September 2024  
Hospital Sultanah Aminah Johor Bahru

## A Pivotal Milestone for Junior Surgeons Transitioning from Surgical Trainees

Open CBDE requires a nuanced understanding of anatomy and the ability to perform intricate manoeuvres, which are essential skills for any general surgeon. The prospect of performing CBDE often fills junior surgeons with anticipation and excitement, as it opens the door to more complex surgeries.

While the opportunity is thrilling, it can also bring a sense of apprehension. Junior surgeons must navigate the challenges of mastering technical skills, and successfully performing this procedure not only enhances their technical proficiency but also marks a significant step in their professional development.

The Department of Surgery at Hospital Sultanah Aminah Johor Bahru, led by the Hepatobiliary-Pancreatic Unit, had organised the First Johor CBDE Workshop 2024 on September 26, 2024, at the Main Operation Theatre of Hospital Sultanah Aminah Johor Bahru. This workshop aimed to equip junior surgeons with the necessary skills and confidence to excel in this crucial procedure.

## Objectives

1. To provide a comprehensive overview of the anatomy of the CBD.
2. To discuss indications for CBD exploration.
3. To demonstrate techniques for successful CBD exploration.
4. To review postoperative care and management of complications.

## Agenda

We kicked off the day by establishing the theoretical groundwork through discussions and didactic sessions, laying a solid foundation for training.



To enhance the overall learning experience and ensure knowledge retention, we introduced an element of friendly competition with interactive quiz sessions.

To make it even more exciting, two prizes were awarded, generously sponsored by our esteemed senior HPB consultant surgeon, Ms Kharlina binti Khairudin. This not only motivated participants but also reinforced their understanding in a fun and engaging way.



The focus then shifted to practical application. In a closely supervised environment, trainees put their theoretical knowledge to the test by performing open CBDE procedures. Under the guidance of experienced proctors, the group successfully completed six open CBD exploration. This hands-on session enabled participants to directly apply their reinforced knowledge, effectively bridging the gap between theoretical concepts and practical surgical technique.



### **Participation**

The workshop was attended by 50 participants, including surgical residents, medical officers, attending surgeons, staff nurses, and medical students. Renowned experts in the field, the Johor HPB surgical team, facilitated the sessions, bringing a wealth of knowledge and experience to the workshop.

### **Feedback**

Participants provided overwhelmingly positive feedback regarding the workshop's organization and content. Key points included:

- The clarity of the lectures and the hands-on experience were particularly appreciated.
- Suggestions for future workshops included more case studies and additional time for hands-on practice.

## Conclusion

The 1<sup>st</sup> Johor Common Bile Duct Exploration Workshop 2024 at Hospital Sultanah Aminah, Johor Bahru, held under the guidance of Mdm. (Dr.) Tuan Nur'Azmah binti Tuan Mat, Head of Johor General Surgery Service and Head of Department of Surgery HSAJB, successfully met its objectives. Along with our dedicated Hepatobiliary-Pancreatic Surgeons — Ms. (Dr.) Kharlina Khairudin, Mr. (Dr.) Jonathan Tan, and Mr. (Dr.) Shaiful Amir — who provide vital services in the southern part of Malaysia, participants received high-quality instruction, valuable knowledge, and practical insights essential for the effective management of CBD conditions. Continued education in this area is crucial, and we encourage future workshops to further enhance surgical proficiency.



## Acknowledgments

We extend our gratitude to the proctors, participants, and organising committee for their contributions to the success of this workshop. Special thanks to Hospital Sultanah Aminah Johor Bahru for providing the facilities and resources for this event.

## Report Compiled by:

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